# **Resources for February 2022**

## Time limited:

MyFreeTaxes helps people file their taxes for free while getting the assistance they need. The United Way of Greater Kansas City provides MyFreeTaxes in partnership with the IRS's Volunteer Income Tax Assistance (VITA) program to help filers prepare their tax returns on their own or have their return prepared for them. <a href="https://myfreetaxes.com/">https://myfreetaxes.com/</a>

The Emergency Water Assistance Program (EWAP) is a federally funded program that is being administered for Kansas residence by the Kansas Department for Children and Families. http://www.dcf.ks.gov/EWAP/Pages/default.aspx

The **Low Income Energy Assistance Program (LIEAP)** is a Federally funded program that helps eligible households pay a portion of their home energy costs by providing a one-time per year benefit. For more information <a href="http://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx">http://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx</a>

In an effort to continue supporting Kansans as they manage the impacts of COVID-19 and the multiple variants of the virus, the Kansas Department for Children and Families announced the **continuation of the emergency food assistance (SNAP) benefits to current participants**. The continuance of the emergency allotment is effective through **July 31, 2022**, or upon the termination of the federal declaration of a Public Health Emergency, whichever occurs sooner. More info...

### Mental Health Resources:

Metro Council of Community Behavioral Health Centers <a href="https://mentalhealthkc.org/">https://mentalhealthkc.org/</a>

**Health Partnership Clinic** offers a range of medical, dental and behavioral health services through four clinics and at sites throughout the community. Everyone is welcome, with or without insurance. <a href="https://hpcks.org/who-we-are/">https://hpcks.org/who-we-are/</a>

Accessing services at Johnson County Mental Health Center: https://jocogov.org/dept/mental-health/accessing-services/walk-initial-visit

### **NAMI Basics Class**

https://www.namiioco.org/basics

NAMI Basics On Demand is a free, 6 session online education program for parents, caregivers and other family who provide care for youth 22 or younger who are experiencing mental health symptoms.

# **Community Resources:**

#### Findhelp.org

Find food assistance, help paying bills, and other free/reduced cost programs in your zip code, including new programs for the COVID-19 pandemic.

https://www.findhelp.org/

#### **United Way 211**

If you need help in the 23-county area covered by United Way of Greater Kansas City, you can get it from United Way 2-1-1. This free service provides access to thousands of resources. Call 2-1-1 and you will reach a trained, caring professional seven days a week, 24 hours a day, 365 days a year. Or click the link below.

**SEARCH UNITED WAY 2-1-1** 

**Multi-Service Outreach Centers** provide a safety net for those in need and a means of moving beyond cycles of aid into self-reliance. We serve people in need of social services who live in geographic areas generally conforming with school districts.

https://www.jocogov.org/dept/human-services/outreach/outreach-services

**Renewed Hope** is a curbside food pantry. Volunteers will bring food to your car. <a href="https://renewedhopefoodpantry.org/get-food/">https://renewedhopefoodpantry.org/get-food/</a>

**The Resurrection Overland Park Food Pantry** helps bridge the food insecurity gap in our community. For more information and to schedule an appointment <a href="https://cor.org/overlandpark/localimpact">https://cor.org/overlandpark/localimpact</a>

**Santa Fe Waystation Food Pantry** is open every Monday from 9:00am to 11:00am and 5:00pm to 7:00pm. For more information <a href="https://santafewaystation.org/">https://santafewaystation.org/</a>

#### **Harvesters Food Assistance**

https://www.harvesters.org/Get-Help/Service-Locator

New Hope Food Pantry <a href="http://www.nhfoodpantry.com/">http://www.nhfoodpantry.com/</a>

Center of Grace in Olathe, KS offers a Clothing Closet and personal care items.

Call (913) 764-1353 to make an appointment.

https://centerofgrace.center/ministries/clothing-closet/

#### Kansas City Free Eye Clinic

https://www.kcfreeeyeclinic.org/our-services/

**Kansas City's Medicine Cabinet** provides financial assistance for emergency dental care, diabetic supplies, hearing aids, prescriptions, vision exam and eyeglasses.

http:/kcmedicinecabinet.org/get-help/

# **Kansas Emergency Rental Assistance**

The Kansas Eviction Prevention Program provides rental assistance to households that have missed one or more rental payment(s) due to the COVID-19 pandemic.

https://kshousingcorp.org/emergency-rental-assistance/

American Rescue Plan of 2021- Resources available to families with no income to modest income. <a href="https://www.kansaslegalservices.org/node/2336">https://www.kansaslegalservices.org/node/2336</a>